



Learning to Live with Heart Failure

Tracy Bawtinheimer

Fit. Healthy. Wife. Mother. Senior Executive.

Diagnosed at 48 with Cardiac Sarcoidosis and Heart Failure

My Experiences

- Home Health Monitoring – Heart Function Clinic Nurses
- Medeo
- ICD Device Clinic – Remote Monitoring



- Online lab booking / results
- Wearable Technology



Challenges

- Patient access - Single, electronic, integrated medical record
- Electronic paper flow
- Online bookings
- Referral tracking
- Patient access to device data



HeartLife
FOUNDATION

Heart Failure Patients on virtual health...

Saved my life

Knowing that the home monitors were reviewed each morning was such a peace of mind. I still have my husband and my kids still have their dad.

I have one for my ICD, my wife and I joke about doing enough cardio to 'turn the green light on'!

I learned so much, I was able to come off diuretics.

Best for everyone if patient is at home

Helps me keep myself and medical staff accountable.

Nothing but praise for telehomecare. I haven't been hospitalized or visited emergency in over 3 years.