



Giving Patients the Power to Manage Their Health

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Empowering Patients to play a more Proactive Role in their Healthcare



WHY

Patients manage chronic condition for about 5800 waking hours each year.

Less than 10 of those are with a healthcare professional.*

HOW



Patient Portals



Home Monitoring



PHR



Pharmacy

Findings: Home Health Monitoring



Positive triple aim objectives identified through HHM

- **97%** of clients would recommend HHM to others
- **76%** decrease in health system utilization
- **81%** reduction in acute inpatient days
- **60%** reduction in emergency visits
- **49%** reduction in MSP billings

Cost savings of
\$3,800 to \$12,500
from reduced
inpatient, emergency
and physician visits

* Based on 192 patient evaluation by BC HHM Program

Findings: Personal Health Record



PHR's make consumers feel empowered to manage their health

Comments:

- Enables **me to take ownership** for my own health
- Makes you **feel part of** the healthcare team
- Improves the relationship with the care provider
- Allows for access to information, leading to more valuable appointments
- **Reduces waste** for the healthcare system

89% see value in access to a PHR

86% said access to PHR will result in improved health

83% said access to PHR helps better manage health issues

* 520 patient evaluation by eHealth Saskatchewan CHIP Program

Empowering the Primary Care Team



Need for bi-directional information sharing surrounding the patient

