

# Considerations

- In 2014/2015, growth rate of population aged 65+ was 3.5%, approximately four times the growth rate of the total population.
- In 2015, the number of Canadians 65+ (16.1%) exceeded the number of children from 0 to 14 years of age.
- Nearly three-quarters of Canadians over 65 have at least one chronic health condition.
- Canadians over 65 consume roughly 44% of provincial and territorial health care budgets.
- The number of Canadians living with dementia is expected to rise 66% over the next 15 years.
- Nearly 3 in 10 Canadians are family caregivers; number of seniors expected to need help or care will double in the next 30 years.



# Solutions to Complex Problems

- Move from “attribution” to “adaptation”
- Support individuals / individuals matter
- Match capacity to complexity
- Set functional goals
- Distribute decision, action, & authority
- Separate simple and complex processes
- Establish networks and teams
- Build authentic trust
- Utilize the relationship between cooperation and competition
- Assess effectiveness
- Act locally, connect regionally and learn globally
- Move from “let it happen” or “make it happen” to help it happen